

MAKE THE PUTT

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Ditch the flat left wrist technique for a more natural release.



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“WRIST” YOUR WAY TO SMOOTHER PUTTS

Traditional instruction has almost always told you to maintain the same flat left wrist position you establish at address all the way through the stroke. At the same time, a fair number of instructors have advised you to putt like a pendulum by keeping the butt of the club aimed at your belt buckle. But it's physically impossible to keep the butt in place if you also maintain a flat left wrist. What gives?

The Last Word on Stroke Styles

Forget about keeping your left wrist

flat—too many elite putters have moved away from this technique. Instead, concentrate on the pendulum motion in which the butt of the putter stays in the same position throughout the stroke. Do it by allowing your left wrist to bend through impact [hinge toward the target]. Not only will this keep the butt of the club pointed at your belt buckle, it will also let the putterhead release naturally after contact. Try it, and you should start rolling the ball a lot more smoothly with a much freer and consistent stroke.

No!

Trying to keep a flat left wrist through impact destroys the pendulum motion.

**Yes!**

Bend your left wrist toward the target through impact for a natural release of the putterhead.

